



Certificate Course in Therapeutic Laughter Coming to Saskatoon



Giggles & Guffaws Might be Just What the Doctor Ordered!

Featured in Oprah's blog
[CLICK HERE](#) or

<http://www.oprah.com/blogs/Laugh-Until-You-CryOr-Your-Heart-Rate-Slows>



PROFESSIONAL EDUCATION

Become a ***Certified Laughter Leader***™ in the Original 2-Day Course:

“How to Create Therapeutic Laughter”

June 9-10, 2012 [Sat/Sun]

Sherbrooke Community Centre

401 Acadia Drive, Saskatoon, SK S7H 2E7 Canada

THIS WORKSHOP TRAINING COURSE IS BROUGHT TO YOU BY
World Laughter Tour, Inc and Sherbrooke Community Centre



There are plenty of Ha-Ha's and Ho-Ho's but nothing ho-hum about this celebrated educational program. Course provides a tool box of knowledge & skills including laughter exercises, therapeutic games, and attitudinal education. (Good-Hearted Living™). Health & human services professionals and others learn to lead programs of systematic mind-body activities and self-care strategies that lift spirits, reduce stress, lower blood pressure, alleviate pain, and improve immune function. For happiness and health, this is a life-changing workshop.

For more information & registration:

1-800-NOW-LAFF(1-800-669-5233) and www.WorldLaughterTour.com

Registration:

Tuition for the 2-day workshop is US\$379.00, per person, which includes the official downloadable 144 page Study Guide & Reference Manual, CLL t-shirt, lunch, and a year of follow-up support.

WORKSHOP OBJECTIVES—Participants will be better able to:

1. Use information from laughter science (*Gelotology*), *Positive Psychology*, and knowledge of ancient practices, in clinical, educational, consulting, corporate, and volunteer work.
2. Help their clients use *life energies* to choose and modify their life and work directions.
3. Identify emotional and attitudinal factors that improve health and increase happiness & life satisfaction for clients, patients, residents, and students.

USA CEUs AVAILABLE

Activity Therapy: The workshop is pre-approved for 11 clock hours by NCCAP: NCCAP24272-09-12. **Nursing:** This continuing nursing education activity was approved for 12 contact hours by the American Holistic Nurses Association, an accredited approver by the American Nurses Credentialing Center's COA. Approved through February 18, 2012. Code 727. **Social Work:** This program is approved by the National Association of Social Workers #886555693-8036, for 11 Social Work continuing education contact hours. **Case Managers:** Approved by CCMC for 12 clock hours. Approval CM7198-A200.

Follow the blog at <http://laughterandhumor.blogspot.com>